

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 9th DECEMBER 2005

Lisa Callahan Stands Out

Water Polo Athlete of the Year, **Lisa Callahan**, is the lone South Australian athlete at the Australian Women's training/selection camp in Canberra this week. Lisa continued her good form from the first week of the Development Training Centre Tournament, to be selected in the Composite team for the National Training Centre Tournament last week, versus the big guns of WAIS, NSWIS and QAS. Lisa performed well for the Composite team, scoring just under 1 goal per game, which impressed the National Coach, Greg McFadden, enough to invite Lisa to stay for her first Australian training camp. At the end of the week a new Australian Women's squad and AIS Water Polo Scholarships will be announced.

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 25th NOVEMBER 2005

Men enjoy Training Camp with Australian Men's Coach

A selection of SASI Men's squad athletes traveled to Melbourne last week to train against the Victorian Elite Development Centre athletes under the direction of Australian Men's Coach, **David Neesham**. The experience was very useful for exposing the athletes and the SASI coach, **Eddie Denis**, to the thoughts, ideas and approaches of the Australian Coach who was newly appointed at the start of 2005.

Women attend Development Training Centre Challenge

A team of 13 SASI Senior Women athletes competed in Canberra over the weekend versus Development Training Centre teams from ACT, VIC and NSW. The SASI team competed well against teams comprised of mainly senior women, coming close to defeating Victoria twice in their last two games. Six athletes were selected from each of the teams competing, to train under the eye of Australian Women's coach, **Greg McFadden** for the coming week. The six SASI athletes selected were: **Joanne Bowen**, **Lisa Callahan**, **Elissa Dearman**, **Sophie Ricketts**, **Victoria Risby** and **Caitlin Shem**. At the end of the week, a team will be picked from the training group to compete against the Elite Training Centre teams from NSWIS, WAIS and QAS.

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 14th OCTOBER 2005

16U Australian Selections

Six SASI Scholarship holders gained selection in the Australian 16U Squads after the recent Nationals in Perth. The SA girls team finished 4th with **Elissa Dearman**,

Sorcha Murphy, Victoria Risby, Pascale Kerry and **Caitlin Shem** all being named in the Youth Australian Squad. The SA boys finished 5th with **Josh Frost** being selected for the Youth Australian Squad. South Australian Girls squad coach, and SASI coach, **Eddie Denis** reports that focusing on developing a Team Agreement early in the team's preparation led to a fantastic team environment while at the Nationals.

"I think the team competed to its complete potential. Every team member was personally bound to live-out the Team's Agreement", Denis said. "This team displayed greater resolve, greater unity, greater compassion and understanding, and had greater freedom of expression than any team I have ever been involved in. It was easily the most enjoyable experience of TEAM that I have ever been involved in. I must thank **Indra Reinpuu** (SASI Beach Volleyball) for setting us on this track'.

Eddie Denis, with the help of Sport Psychologist **Greg Diment**, is now trying to create the same type of Team Environment with both the SASI Senior Men and Senior Women's squads, in the lead-up to the Water Polo National League's in February.

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 17th JUNE 2005

Joint Management Committee

An annual review meeting for the SASI Water Polo Program was held on Tuesday 14th June. The meeting was attended by the National High Performance Manager **David Marks**, as well as **Jon Harmer** who represented SAWPI.

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 29 April 2005

Two SASI Athlete's to Tour with Australian Squad

Matthew Martin and **Nicholas Martin** have both been named in an Australian Senior Squad to travel to Shanghai, China from the 8th to the 16th of May. Both athletes are looking forward to a sharp learning curve, this being their first chance at experiencing international senior level competition.

National League Season completed

The Adelaide Jets teams have completed their 2005 National League Seasons. On the final 4-game road trip to Hobart and Melbourne, the men won 3 out of the 4 games and finished the season with 8 wins and 3 draws out of 22 games. The Jets women, who had their first draw of the season in Hobart, finished bottom of the ladder in their first year of Senior competition. The team, which averages only 17 years of age, is looking forward to strong development in the 'off-season' and a much better 2006.

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 15 April 2005

Women's National Coach Visits Adelaide

- [Greg McFadden](#), Australian women's coach, visited Adelaide for 3 days last week to watch the Adelaide Jets women play two National League games as well as conduct two training sessions for the young team. McFadden was impressed with the teams enthusiasm and their determination versus much older and more experienced players in the National League. He was also impressed by the performances of SASI Scholarship holders [Lisa Callahan](#) and [Lauren Maksimovic](#) during the games, who are both stand-outs in the Jets team.

SASI brothers given their Australian chance

- [Matthew Martin](#) and [Nicholas Martin](#) are both to be given a chance to perform at the Australian senior level. The two brothers have been included in an expansive first selection squad by new Australian Men's coach, [David Neesham](#). Neesham is looking to involve a large range of new athletes at the Australian level in upcoming competitions which include a World Championships Qualifying Series versus New Zealand (1 - 4 May) and a Training Camp in Shanghai, China (8 - 16 May).

National League

- Both the Men's and Women's teams travel to Hobart and Melbourne to complete their National League seasons this weekend. The Men are looking to complete the season with 4 away wins, that will leave them just out of the final 6. The Women are looking to achieve their first wins for the season versus winless Hobart.

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 18 MARCH 2005

Jets fighting for wins

- The Adelaide Jets Men's and Women's teams completed tough mid-season games on the weekend. The women's team fought valiantly against a strong Perth Comets team, losing 17 - 5 and 14 - 4. The young Adelaide team are developing a more attacking style of water polo under coach [Jon Harmer](#) and in both of the weekend's games they created a number of excellent opportunities. The goals scored against Perth were outstanding seeing as they were against the Athens Olympic goal keeper, [Emma Knox](#). Best players were [Lisa Callahan](#) and [Lauren Maksimovic](#).

- The Jets men's team fought-out two bruising encounters versus the University of WA Perth Torpedoes. The first game went down to an extra man opportunity in the last 20 seconds for the Adelaide side, but they failed to convert two shots on goal and lost 9 - 10. In the second game the Jets led throughout, but failed to hold-out the fast finishing Torpedoes who scored with 1 second on the clock to force a draw, 8 - 8. Stand-outs for the Jets over the two games were Centre forward [Matthew Martin](#), his brother [Nicholas Martin](#), [Patrick Harmer](#), [Luca Vezzosi](#) and [Christopher Martin](#).

WATER POLO HIGHLIGHTS FOR THE WEEK ENDING 4 MARCH 2005

National Appointment

- SASI Head Coach [Eddie Denis](#) has recently been appointed as the goalkeeping coach for the National Senior Women's program. Eddie has already commenced his duties, having hosted two of the Australian Squad athletes in Adelaide over 3 days last week. A number of other athletes will visit Adelaide over the next two months, with each of them receiving individualised coaching from Eddie to familiarise themselves with the squad's goal keeper training program.

National League – Mid Season

- Both the Adelaide Jets National League Teams have reached the half way point of their 2005 National League seasons. The Women are without a win thus far, but are showing no loss of resolve or enthusiasm. Their match-up with the Southern Stingrays from Hobart is their big chance for wins this season, but this match-up won't come till the last round of the season, 14 - 15 April.

The Men are still in with a chance for the finals. Two losses against Fremantle last weekend, and a loss and draw against Cronulla earlier this week meant that with 12 games to go, the Jets need at least 6 wins to finish with a place in the finals after the regular season. The Men have shown great fighting spirit in their last few matches, and have been in a position to win in each game. The team is looking forward to coming home strong in the second half of the season.

SASI HIGHLIGHTS FOR THE WEEK ENDING 25 FEBRUARY 2005

National League Action

- The Jets National League teams returned from their respective road trips on the weekend with confidence boosting results. The Jets women who are entering the competition for the first time this year, played their best game of the season against the St George Dragons in Sydney scoring 7 goals to the Dragons 11. The Jets Men performed well on their 4 game road trip to Canberra, winning 3 games from 4 against Canberra and the AIS. One third of the way through the season the men sit mid table with a 50% win record while the women are sitting 11th.

Development Squads to be selected

- Final testing for Development Squad positions in 2005 occurred on Saturday 19th at the Adelaide Aquatic Centre. Two squads, one boys and one girls, will be chosen within the next fortnight to undertake an 8 month program leading up to the U17 Nationals in October this year. The new squads will be inducted on the 17th of March.

SASI HIGHLIGHTS FOR THE WEEK ENDING 14 JANUARY 2005

SELECTION SUCCESS

SASI athletes achieved Australian Squad selection success at the recent U20 National Championships in Melbourne. Four male athletes [Anthony Martin](#) (18), [Jamie Histed](#) (16), [Patrick Harmer](#) (16) and [Tim Morrison](#) (17), were named in a large Australian Squad with Team selection for a European Tour mid year occurring after the end of the National League competition. The South Australian teams at the Junior Nationals both placed 5th.

NATIONAL LEAGUE FINAL PREPARATIONS

Final preparations for the 2005 Water Polo National League season are in full swing. The Adelaide Jets men's team is looking for its second finals berth, while the first season women's team, with an average

playing age of only 18, is hoping to compete well against the lesser sides in this years completion.