

ROWING HIGHLIGHTS FROM 06 August – 12 August 2011

World Junior Rowing Championships

Last weekend three SASI athletes competed at the World Junior Rowing Championships in Eton, Great Britain. Alexander Hill won a gold medal in the men's coxed four, Molly Goodman was tenth in the women's quad scull and Nathan Bowden thirteenth in the men's coxless four, this crew was coached by SASI network coach Ron Mobbs.

Preparations for the senior national team are continuing at the AIS European Training Centre in Varese, Italy. SASI rowers James McRae, Chris Morgan and Bryn Coudraye along with coach Jason Lane have spent the previous six weeks in Europe preparing for next months world championships.

After recently competing at the World Under 23 Championships SASI female athletes Renee Chatterton and Peta White recently joined the senior team to continue their preparations for the senior world

ROWING HIGHLIGHTS FROM 23 July – 29 July 2011

Under 23 World Championships

The U23 World Rowing Championships concluded last weekend in Amsterdam. The women's pair consisting of SASI athletes **Olympia Aldersey** and **Renee Chatterton** coached by **Victoria Spencer, SASI Rowing Scholarship Coach** claimed fourth place in their final. The South Australian duo clocked a time of 7:21.12, while the United States and Romania claimed the gold and silver medals. Australia's women's four also finished in fourth place with SASI represented by Peta White.

Renee and Peta will now travel to the Australian Institute of Sport's European Training Centre in Varese, Italy and join the Senior A Team, where they will start the preparation for the Senior World Championships in the women's coxless four.

The Australian Junior Team including SASI athletes **Alex Hill, Nathan Bowden, Molly Goodman** and **SASI** coach **Ron Mobbs** left to the World Rowing Junior Championships Eton Dorney, Great Britain. The competition will begin on Wednesday, 3rd Aug and will finish on Sunday, 7th Aug.

ROWING HIGHLIGHTS FROM 30 April – 06 May 2011

SASI athletes recently competed successfully at the national rowing selection trials with the following athletes and coaches selected onto national teams.

Men's Senior A Quad scull, (Training in Huonville)

James McRae
Chris Morgan

Men's Senior A Eight, (Training in Canberra)

Bryn Coudraye

Women's Senior A Coxless Four

Renee Chatterton
Olympia Aldersey

Women's Senior A Quad Scull (Training in Canberra / Adelaide)

Coach: Jason Lane

Women's Under 23 Coxless Pair (Training in Adelaide)

Renee Chatterton
Olympia Aldersey
Coach: Victoria Spencer

Women's Under 23 Coxless Four (Training in Perth)

Peta White

Men's Under 19 Coxless Four (Training in Adelaide / Canberra)

Nathan Bowden
Coach: Ron Mobbs

Men's Under 19 Coxed Four (Training in Adelaide / Canberra)

Alex Hill

NTID NZ tour

Riley Lum

ROWING HIGHLIGHTS FROM 19 March – 25 March 2011

At the recent National Rowing Championships which was conducted at West Lakes James McRae and Chris Morgan finished second and third respectively in the open men's single scull. The two combined to race the open double scull and finished third, with the reigning Olympic champions winning the event. James then competed for SA in the Presidents Cup and was the first South Australian to win the event in 23 years. James, Chris, Max Tonkin,

Bryn Coudraye, Sam Martin and Matthew Bolt formed the bulk of the SA King's Cup crew that won a bronze medal for the second year in a row.

SASI under 23 female athletes Olympia Aldersey and Peta White won the Women's under 23 pair and quad scull and with Renee Chatterton were members of the winning under 23 women's eight. White and Aldersey also won a silver medal in the SA women's youth eight.

Based on their national championship performance five senior athletes and four junior athletes have been invited to attend the final national selection regatta to be conducted at Penrith in April.

ROWING HIGHLIGHTS FROM 11 February 2011 - 18 February

Last weekend a number of SASI athletes competed at the NSW state championships, this was the last major event prior to the national championships to be held in Adelaide from March 7. In the men's single scull Chris Morgan edged out fellow SASI rower James McRae by 0.14sec. Chris then teamed up with David Crawshay (Vic) to win the double scull, with James again second. Chris and James then capped off a great weekend by combining to win the men's quad scull. All SASI athletes will be competing at the SA state championships at West Lakes this weekend.