

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 9 September 2010

Balomenos/Wirkus back in Matildas Squad

Victoria Balomenos and **Emma Wirkus** will travel to Canberra for the Final Matildas selection camp prior to the Peace Cup in Korea.

This is a great result particularly for Victoria as she only recently returned from a 12 month rehabilitation from an ACL injury. Emma has been a consistent Matilda camp attendee for several years and along with Victoria will be pushing hard for selection.

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Jess sees the world through young and inexperienced eyes

13 Year old SASI Scholarship Holder **Jess Waterhouse** recently returned from Vietnam after being selected to play for Australia's first ever U13 Girls Football Squad. Jess, who is South Australia's youngest ever national team player, played against teams from North and South Korea, Japan, Philippines, Guam and China. Jess trains regularly with full international players such as Victoria Balomenos and Sian McLaren at SASI and also plays for her father's Club Boys Squad Cumberland Utd.

State team selections and results

Eight U17 and one U15 SASI players recently represented SA at the Girls National Championships in Coffs Harbour, NSW. The U17s finished fourth with great results against recent Champions WA (2-1 win) and Queensland (1-1) and powerhouse NSW (0-0) before narrowly losing 1-0 to NNSW. The U15s won the B group, winning three and losing only one.

National Championships Allstar Selections

At the Nationals SASI Scholarship Holders **Nicole Calder**, **Ruth Wallace** and **Kaitlyn Tucker** gained recognition of quality performances through the week in the U17s while **Emma Checker** was selected in the U15 age group. All four girls will play against the National Champions in the final days activities at the 2010 National Championships.

SASI Girls in joint top position in FFSA U16 Boys League

The SASI Girls have continued their recent form with another good quality victory against Adelaide Hills to cement joint top position in the Boys League on Wednesday evenings. Goals from **Ruth Wallace** and two from returning Matilda **Victoria Balomenos** were enough to secure a 3-1 victory.

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 18 June 2010

Victoria is back

Matilda Squad player was able to celebrate on two fronts recently with the Matildas qualifying for the World Cup 2011 in Germany and also returning to playing again after over 12 months away from the game due to ACL Surgery. True to form Victoria popped up with a goal against Para Hills in the u16 Boys league after sharing training time with the SASI Boys and Girls programs.

Angela has made it at last

Finally **Angela Fimmano** has got her chance to perform well at the new Young Matildas Training Camps after picking up a long and untimely injury to her Ankle earlier in the year.

Angela (18) who was a major part of the previous Young Matilda Asian Football Confederation WC Qualification process starting 6 of the last 8 YM International games is presently attending the AIS in Canberra with the hope of performing well in front of new Coach Robbie Hooker. Joining Angela is **Ashlee Faul** (17) at the camp, which is possibly the last one for the season.

Georgia Macri and Nicole Calder who have attended the previous 3 camps have been rested from this camp but along with **Ruth Wallace** have already been identified for the YM in 2010.

Season going well

With less than half the season gone the SASI Girls have already picked up more points than the whole of 2009 performing very well in the U16 Boys competition.

In the recent game against Plympton **Rachel Quigley** was able to score all SASI Goals in the 4-3 victory with a debut being made by upcoming SASI Goalkeeper **Brooke Cord Udy**.

Brooke who is 176cm was originally a regular State Team Defender but was identified by Head Coach Kevin McCormack and GK Coach Rob Matosevic as having the potential to play International Football in years to come.

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 28 May 2010

National Team Selection

Congratulations to young **Jessica Waterhouse** who this week has been selected to represent the National U13 Girls squad in Vietnam in June.

Jess, a product of the Cumberland U13 Boys squad playing in the FFSA Junior competition, has been accelerated through the SA Girls Elite pathway after representing the FFSA U13s Girls in April and being identified for Junior SASI and SASI after good performances at the State Championships in October 2008 and 2009.

Currently a SASI scholarship holder, Jess will balance her preparation for the U13 Girls Festival of Football training at SASI, with the State 17 team and her club team Cumberland Boys.

"Jess is a natural football talent and more than holds her own in the Boys League," states SASI Head Coach Kevin McCormack. "However she has combined this natural talent with great dedication and commitment and excellent Coaching from Vito Basile and Jono Ruse (FFSA State Coaches) and her father Nigel who coaches Jess at Club level at Cumberland Utd."

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 30 April 2010

Recently **Georgia Macri**, **Nicole Calder** and **Ashlee Fual** returned from their third Young Matildas camp in as many months all reasonably happy with their performances.

Victoria Balomenos who has missed football for 12 months after rupturing her cruciate ligament and cartilage in a Boys league game in April 2009 is about to return to competition for the SASI Girls. Training also with the SASI Boys Squad, Victoria has knuckled down to her rehab program supervised by SASI Strength and Conditioner Amantha Saers and Kate Beerworth (Matildas and SASI Physiotherapist) and has a new found love for the gym.

Boys league results

SASI Girls V Adelaide Hills 3-2 Win (Wallace 2x, MJ Rajcic)

SASI Girls V South Adelaide 1-5 Loss (Robinson)

SASI Girls V Para Hills 2-2 Draw (Wallace 2x)

SASI Girls V Gawler 3 - 2 Win (MJ Rajcic, Robinson, Deakin)

With the exception of the South Adelaide Game the score lines have all been very close with the SASI Girls showing real true spirit to win 2 games with later goals. Presently the Girls are joint top of the U16b Division of FFSA Boys Competition. The most pleasing aspect though has been the number of chances created by clever, possession based attacking football.

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 01 April 2010

Result in FFSA U16 Boys league

SASI Girls 4 Seaford 0

The SASI girls continued their dynamic attacking philosophy scoring 2 goals again in each half to defeat another spirited Boys team in the local Boys U16 league.

Playing against School friends SASI Forward Vanessa Reed scored a brace in the first half eluding the Seaford defence in two occasions and smashing the ball past the courageous Seaford Goalkeeper. The first was set up by another local girl and SASI full scholarship holder Ruth Wallace who was outstanding in midfield.

The second half brought two goals from Corners with SASI Defender Ellie Chapman and former Young Matilda Racheal Quigley getting onto the score sheet.

Despite the win SASI Head Coach Kevin McCormack although happy with a lot of the girls performance was mindful that from here the Boys teams will become better organised, fitter and will not take the girls participation in games as lightly.

Next week SASI play South Adelaide in what is expected to be a very tough battle before travelling to the Adelaide Hills for another game on April 7th.

National Camp news

Georgia Macri and Nicole Calder returned from their second camp in a month after doing themselves justice compared to the first camp which was a nervous and uncertain experience for both. Ashlee Faul pulled out of the camp a late notice due to an unfortunate sickness. Angela Fimmano is still rehabilitating from a nasty ankle sprain but is hoping to attend the next camp in late April.

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 26 March 2010

After creditable performances at the recent Young Matildas camp in Canberra, SASI Scholarship Holders Nicole Calder, Ashlee Faul and Georgia Macri have all been invited to the follow on camp starting Thursday 25th March again at Canberra AIS.

Unfortunately Angela Fimmano will not be able to attend due to an ankle injury and will be in a protective boot for another couple of weeks.

With the start of the 2010 FFSA U16 Boys competition the SASI Girls travelled to Plympton and put there recent hard work on the training track into good practice. Playing an attractive style of football and following the FFA directive of a 1,4,3,3 formation the girls were easily able to overcome the spirited boys efforts to contain the SASI attacking Philosophy. Final score Plympton 0 - SASI Girls 4. Goal scorers Cockayne 2, Rajcic and Reed.

WOMEN'S FOOTBALL HIGHLIGHTS FOR THE WEEK ENDING 5 March 2010

Four SASI Women's Footballers have been selected in the first Young Matildas (U20s) camp of 2010 to be held In Canberra from 11th-14th March.

Congratulations to the following SASI players who have developed through the local elite pathway including Junior SASI, State Teams, Adelaide Utd and the SASI Women's Football program

Nicole Calder
Angela Fimmano
Ashlee Faul
Georgia Macri

Angela and Ashlee in 2009 represented Australia and Young Matildas and Junior Matildas respectively with Nicole missing out with Glandular fever prior to the final Junior training camp. It will be Georgia Macri's first ever National team selection.

All players are hoping to be selected for a Home International series against New Zealand later in the year and ultimately selection for the World Qualification process through the Asian Football Conference.