

ROWING HIGHLIGHTS FOR THE WEEK ENDING 27 August 2010

World Rowing Championships – 2010

Three SASI athletes, James McRae, Chris Morgan and Bryn Coudraye competed at the World Rowing Championships last week held on Lake Karapiro, New Zealand.

Chris commenced the regatta on a winning note by racing well in the reserves single scull race and placing first. Chris then carried this form through the regatta and won gold in the men's coxed pair. Racing in testing conditions Chris and his partner raced from behind at halfway to eventually win by 1 sec from Italy.

James McRae was a member of the men's quad scull which raced in very difficult conditions to win a bronze medal, 3 sec behind winners Croatia. Bryn Coudraye was a member of the 7th placed men's coxless four.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 27 August 2010

National Team Selections

This week saw the conclusion of trials for the Senior A rowing Championships team. SASI athlete **James McRae**, **Chris Morgan**, **Ned Kinnear**, **Peta White** and **Renee Chatterton** as well as SASI/AIS athlete Bryn Coudraye were all invited to attend. After extensive trialing James McRae was selected into the men's quad scull and Bryn Coudraye the men's coxless four. Chris Morgan was selected as traveling reserve, and Peta White and Renee Chatterton as non-traveling reserves. Additionally SASI rowing head coach Jason Lane was selected as assistant women's sculling coach. All athletes now begin their final preparations for the world championships, which will be held at Lake Karapiro, NZ on Oct 31 - Nov 7.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 20 August 2010

World Youth Olympics

SASI rowers **Emma Basher** and **Olympia Aldersey** have been competing this week in the coxless pair at the World Youth Olympics in Singapore. With racing shortened to 1000m the girls had some close racing in the final with

only 1.5sec separating the top 4 crews. The Australian crew raced well and eventually won the silver medal only 0.03 sec ahead of the crew from Greece.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 13 August 2010

At last weeks World Junior Rowing Championships, held in Racice, CZE, SASI rowers **Emma Basher** and **Olympia Aldersey** competed in the Women's Junior Coxless four. The crew raced well in the final, holding down second place with 500m to go, in an exciting finish they held off a fast finishing Germany but couldn't hold back the USA crew with the Australian crew eventually claiming the bronze medal. SASI scholarship coach Victoria Spencer coached the crew. Emma and Olympia now travel to Singapore to compete in the coxless pair at the World Youth Olympics.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 30 July 2010

World U23 Rowing Championships

Five SASI athletes and 2 SASI coaches competed last week at the World Under 23 rowing championships in Brest, Belarus. SASI athlete **Sam Martin** competed in the Men's Quad Sculls, with SASI coach **Zoltan Shepherd** coaching the crew. The crew improved throughout the regatta and finished 2nd in the B final giving the crew an overall placing of 8th. The Women's Four was an all SASI crew which comprised, **Jessica Molsher-Jones**, **Peta White**, **Renee Chatterton** and **Mary Connelly** and was coached by SASI Head Rowing Coach **Jason Lane**. The crew qualified straight through the heats to the final and raced a very determined race in the final to lead for the first three quarters. It was only in the last 500m that the crew was passed by the eventual winners USA. The young Australian crew finished with great composure to claim a silver medal. Two athletes from this crew, Peta White and Renee Chatterton as well as James McRae, Chris Morgan, Ned Kinnear and Bryn Coudraye have also been invited to attend the final national senior selection regatta in Penrith in August.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 25 June 2010

The second rowing cup was held of the weekend in Munich GER. Two SASI athletes, **Bryn Coudraye** and **Christopher Morgan** competed in the men's pair and the quad scull respectively. Bryn won the B final of the pair, finishing seventh overall. Chris' crew was a new combination and raced well in a strong field to finish fourth overall. Crews now going into training in Varese ITA ahead of the final world cup in 3 weeks time.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 14 May 2010

National Selection Regatta

At the recent national selection regatta 9 SASI athletes and 3 SASI coaches were selected onto various national teams.

SASI juniors **Emma Basher** and **Olympia Aldersey** won the junior women's pair at the national junior selection regatta. This automatically entitled them to compete in the coxless pair at the world Youth Olympic games to be held in August in Singapore. Additionally they have been selected to represent Australia in the coxless four at the Junior World Rowing Championships in

Racice, CZE to be held in August. Newly appointed scholarship coach Vicky Spencer will be coaching the coxless four.

Five SASI athletes have been selected to represent Australia at the Under 23 World Rowing Championships to be held in Brest, Belarus in July. **Sam Martin** will compete in the men's quad scull, the crew will be coached by SASI rowing coach Zoltan Shepherd. SASI athletes **Jessica Molsher-Jones**, **Peta White**, **Renee Chatterton** and **Mary Connelly** have all been selected into the women's coxless four, this crew will be coached by SASI rowing Head Coach Jason Lane.

Senior athletes **Chris Morgan** and **Bryn Coudraye** have been selected into the men's quad scull and men's sweep squads respectively. These athletes will race in two world cups in Europe in June and July. These two athletes as well as James McRae have qualified for the final national selection regatta in August. From this event the world championships team for the New Zealand World Rowing Championships will be selected.

ROWING HIGHLIGHTS FOR THE WEEK ENDING 12 MARCH 2010

National Rowing Championships

At the recent National Rowing Championships conducted in Nagambie, Vic, SASI athletes qualified for 26 'A' finals. Of those finalists 3 won bronze medals, 10 won silver medals and SASI came away with four gold medals.

Gold medals went to;

Chris Morgan, Open Men's single scull, (Chris was the first South Australian to ever win this event)

Renee Chatterton and Mary Connelly, Under 23 women's coxless pair

Renee Chatterton, Mary Connelly, Peta White, Jess Molsher-Jones, Under 23 women's coxless four

Maja Fidler, member of Open women's lightweight quad scull.

All SASI athletes were then went on to compete as part of the SA state team that competed in the interstate regatta, which was held on the Sunday after the National Championships.

Highlights were;

Chris Morgan 2nd in Presidents cup (open means single scull)

Chris Morgan, James McRae, Ned Kinnear, Bryn Coudraye, Sam Martin, John Jackson, Matt Bolt were members of the King Cup 8 that won a bronze medal.

This is the 1st time in 22 years that SA has won a medal in the event.