

DIVING HIGHLIGHTS FOR THE WEEK ENDING 24 July 2009

Natasha Burgess and **Ellie Molfetas** represented SASI in the Elite Junior Diving Championships in Sydney. Burgess posted a 4th place finish in the 16-18 girls 3 metre and 7th in the 1 metre competition. Molfetas was competing in her first elite junior competition in the under 13's and she was steady in all three events, posting a 6th and two 9th place finishes.

DIVING HIGHLIGHTS FOR THE WEEK ENDING 6 March 2009

SASI at Open Nationals, Brisbane

SASI athlete **Natasha Burgess** competed at her first Open National Championships in Brisbane on the weekend. At 15 years old, she was one of the youngest competitors in the meet. Natasha put together a composed and solid 1-metre list that was good enough to see her into the finals in 10th position. Another solid list in the final saw her finish in 11th place overall. In the 3-metre competition there is always a greater margin of error. Natasha performed four out of her five dives exceptionally well. Her fifth and final dive in the 3-metre event was one with a high degree of difficulty dive, which is a new addition to her list - added only two weeks ago. Not unexpectedly, the dive didn't score well. She missed out on a place in the semi-final by only one point. Overall it was a productive competition and an experience that she can build on.

Talent Transfer

Talented SA gymnast Catrina Woolman, 13, has made the transition from gymnastics to diving and commenced training with the SASI Diving squad recently. "We've had our eyes on her for a couple of years," said HP Coordinator Mike Martens. "When she dropped out of artistic gymnastics, we tried to woo her to diving...she came over and kicked the tyres about 12 months ago, but decided to take up rhythmic gymnastics. I thought it was worth another shot, so I again pitched the diving program to her and her parents. For the moment, they are keen. If she trains like she did in the gym and if she can handle about 18 months of doing basic skills... look out."

DIVING HIGHLIGHTS FOR THE WEEK ENDING 13 February 2009

Victorian Open Diving Championships

In the Victorian Open Diving Championships held last weekend, SASI divers **Natasha Burgess** and **Amber Cameron** turned in solid performances. Burgess came 2nd overall in the 1 meter competition and 6th in the 3 metre event. She posted Open National qualifying scores in both events. Cameron posted an Open qualifying score in the 1 metre, placing 4th.

At the Australian Youth Olympic Festival held in Sydney recently SASI was represented by **Hayley Taeuber** in diving, Taeuber won bronze in the individual 3 metre behind two Chinese divers. She held second place for most of the event but her final dive was not as strong as her Chinese competitor. Paired with NSW Rhiannan Iffland, Taeuber won bronze in the 3 metre synchronised event.