

TRAMPOLINE HIGHLIGHTS FOR THE WEEK ENDING 3 October 2008

SASI Silver Medal in Russia

SASI's **Ben Wilden** and **Scott Brown** ended the competition year in style, winning the silver medal in the World Cup Final in Togliatti Russia. The event drew the top 8 competitors in each trampoline/tumbling discipline. The SASI guys came in to the competition with a 5th place world ranking in the synchronised event. The routine they used was new and it was more difficult than the routine that got them the silver in the World Championships, last year. They guys received the highest scores in the competition for their synchronisation but the Japanese pair pipped them overall by a mere 0.1, with superior scores for their execution

TRAMPOLINE HIGHLIGHTS FOR THE WEEK ENDING 29 August 2008

SASI Scholarship holder **Ben Wilden** exited the Olympics after the preliminary competition, but not without turning in a personal best score in his voluntary routine. Ben had raised his difficulty level for Beijing and he hit the routine to his and his coach Nikolay's satisfaction. A spot in the final was achievable but Ben did a nervous first routine and put himself too far behind. The consistency that Ben is producing when performing his difficult routine is promising, the score he achieved would place him in the top 8 in any international competition. There will be no post-Olympic rest for Ben as he and **Scott Brown** leave for Russia in two weeks to compete in the synchronised trampolining in the World Cup Final.

TRAMPOLINE HIGHLIGHTS FOR THE WEEK ENDING 30 May 2008

Beijing bound Ben Wilden and teammate Scott Brown returned from a three week tour that included a training camp and World Cup in Japan and a World Cup in France.

In the isolated environment of the training camp the pair enjoyed some high quality training with the Japanese national squad. Coach Nikolay Zhuravlev was very happy with the training camp and the performances in Japan.

Despite not winning, what was almost an expected medal in the synchronised event, the guys were able to match the world-record score in the preliminary round.

Wilden is competing with a new routine that has a massive 16.0 difficulty and is becoming more comfortable with it each time out. Ben made the same

mistake in both World Cups at the end of his routine and finished around mid-field, but he is gaining confidence with the high difficulty. Brown almost duplicated his Japan finals finish in the French competition but just missed the final by two places.

The entire squad now turns their attention to the national championships in early July.

TRAMPOLINE HIGHLIGHTS FOR THE WEEK ENDING 23 May 2008

SASI trampoline athletes Ben Wilden and Scott Brown competed in the Japan World Cup on the weekend.

Brown qualified for his first ever individual final. The field of eight included the World Championships gold and silver medallists, an Olympic champion and the Asian Games gold medallist. Brown settled for 8th place in the event. He hit his difficult routine pretty cleanly but lost some precious tenths for travelling a little.

The World Championships silver medallists turned in an average performance in the synchronised and finished in 6th place.

The guys head to France for that World Cup next weekend.

TRAMPOLINE HIGHLIGHTS FOR THE WEEK ENDING 11 April 2008

Success at the Pacific Rim Competition

It was a big week for SASI Trampoline with most of the squad competing in the Pacific Rim competition in San Jose, California. Beijing Olympian **Ben Wilden** came 7th in open individual and SASI juniors **Alex Freeman**, **Aslin Styles** and **Blake Gaudry** placed 5th, 6th, and 6th respectively in the junior events. The athletes landed in Sydney and then competed on the weekend in the NSW State Championships. Wilden used a new routine with a super-high difficulty of 16.0, he placed 3rd, but both Ben and SASI Coach Nikolay were happy that he completed the routine quite easily. **Scott Brown** and Blake Gaudry finished 1st and second. Gaudry, only 16 years old, was competing for the first time in the senior event and he qualified for the Open National team. Aslin Styles also competed in the senior event for the first time, and she won it. Alex Freeman easily won both her age and junior events.