

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 15th DECEMBER 2006

Training Underway

The SASI Netball Team commenced training for 2007 with a live-in Camp at Adelaide Shores. The 41 degree high temperature did not stop the athletes from competing and for a change, the ice baths were welcomed. The new weights program was also implemented and team bonding and goal setting established. The weekend enabled the players to understand what is required to be part of the SASI team and to establish certain protocols etc.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 8th DECEMBER 2006

New Squad Starts

The SASI Netball Squad commences its first training session last week with a tough fitness test. All players have been selected in the SA Netball 17 or 19 State Squads for further team selection in January. SASI Assistant Coach **Judy Greenwood** has been appointed State 19 and Under Coach and SASI Scholarship Coach **Jane Woodlands** has been appointed as 21 and Under Coach. The National 19 and Under Championships will be held in April in Melbourne and the 21 and Under from 1st - 6th October in Brisbane.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 17th NOVEMBER 2006

New SASI Squad Announced

The selection process for the 2007 SASI Netball Scholarship Program is now complete and the successful athletes include:

Georgia Beaton	Contax
Emma Bennett	Woods Panthers
Chloe Drogemuller	SASI
Lisa Fyfe	Contax
Brooke Jeffs	Jaguars
Nadia Mapunda	SASI
Jessica Roberts	Cougars
Alana Sclanders	Harlequins
Kirsten Sterrey	Contax
Luka Thompson	Oakdale
Megan Vine	Woods Panthers
Khao Watts	Western Border
Sheree Wingard	Cheerio

The support Staff include, **Judy Greenwood** (Assistant Coach), **Jane Woodlands** (Scholarship Coach), **Pat Miller** (Manager) and **Julie Walters** (Physio). The first official meeting for this Squad will be held on Tuesday 21st November and training commences 1st December.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 20th OCTOBER 2006

SASI vs WAIS

The SASI Netball Team traveled to Perth on Thursday 5th October to participate in a series of matches against the WAIS Netball Team. This was the final outing for this year's squad. The scores from the four games were:

SASI 53 def WAIS 40

SASI 46 def WAIS 44

SASI 60 def WAIS 39

SASI 58 def WAIS 43

All players played exceptionally well and enjoyed the opportunity to participate and to end the season on a very positive note. The SASI Presentation Night will be held on Thursday 19th October at SASI from 6:00pm – 7:30pm.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 19th AUGUST 2006

SA Schoolgirls finish 3rd

The South Australian Schoolgirls Team finished 3rd in the National Championships last weekend beating Queensland 41-33 in an impressive all court display. Three players were selected in the Australian Schoolgirls Team to play NZ in May 2007. They are **Ashton Hurn**, **Abbey Holmes** and **Lyndall Creighton**.

SASI play last minor round game for 2006

SASI will play their last minor round game on Saturday against Garville at 2pm. The team will continue training and play practice matches against the SA 21 and Under Team before going to Western Australian to play a series of games against the WAIS.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 11th AUGUST 2006

State 21 And Under Team Announced

The State 21 and Under Team to play in the National Championships in Adelaide from 19th - 24th September was selected on Sunday. Nine of the twelve players are either current SASI Scholarship Holders or Graduates from previous years. The Team is as follows:

Jo Baldwin	SASI 2004/05 current Contax
Emily Beaton	SASI 2004 current AIS Darters
Jess Hazel	Thunderbirds Squad - current Woods Panthers
Jasmine Lade	SASI 2004/5 - current Contax
Felicity Lukeman	SASI 2005/06
Bianca Moeller	SASI 2006
Lauren parker	SASI 2004/05 - current Woods Panthers
Jodie Rich	SASI 2005 - current Tango
Erin Sheepers	Harlequins
Beth Shimmin	SASI 2005/06
Nicole Stoppel	Contax
Lauren Tscarke	SASI 2004/05 current AIS Darters
Kellie Duffield and Jenna Mendo	current Scholarship holders are named as Reserves

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 4th AUGUST 2006

Australia vs New Zealand

The Australian netball team defeated New Zealand in the second Test match in Sydney on Tuesday 25th July. The first test was won by the Silver Ferns. SASI graduates **Laura von Bertouch**, **Natalie von Bertouch** and **Kristen Heinrich** all played in the second test. Both von Bertouchs' were in fantastic form and when Heinrich came on in the final quarter she played very well and shot 7 out of 9 goals. Return matches will be played in NZ in October.

Mapunda a Thunderbird

SASI Captain **Nadia Mapunda** has been selected to replace **Peta Scholz** in the Thunderbirds Team. Mapunda traveled with the Team that went to Melbourne and defeated the Phoenix on Sunday by 11 goals.

State Trials

Selection trials for the SA Team are underway with the final trial on Sunday. The team will be announced on the following Wednesday. The National 21 and Under Championships will be held in Adelaide from 19th - 24 the September.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 30th JUNE 2006

SASI Gets First Win

SASI won their first match of the season last Friday night which was played as a curtain raiser to the Thunderbirds. This was the first match of the second round where we would expect improvement and were very pleased with the outcome. Defenders **Jenna Mendo**, **Beth Shimmin** and **Felicity Lukeman** played exceptionally well in defence giving the SASI forwards plenty of opportunities.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 16TH JUNE 2006

Australia vs New Zealand

The Australian Team which will play two Internationals against New Zealand in Australia in July was announced on Sunday. Three Thunderbirds were selected in the team of twelve - **Kristen Heinrich**, **Laura von Bertouch** and **Natalie von Bertouch**. **Demelza Fellowes** did not make the cut. The first test will be on Saturday 22nd July in Brisbane followed by the second in Sydney on the 25th. Both Nat and Kristen have been selected in Aussie Teams previously but this is Laura's first Australian selection after being in the Squad

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 19TH MAY 2006

SASI Athletes invited to Coaching Session

SASI athletes **Beth Shimmin**, **Felicity Lukeman**, **Jenna Mendo**, **Khao Watts** and **Nadia Mapunda** have been invited to attend a coaching session conducted by the Australian 21 and Under Coach **Lisa Alexander** at Etsa Park on Thursday 18th May.

Beth Shimmin and **Khao Watts** have been selected in the Australian 19 and Under Talent Squad along with 2005 scholarship holder **Jodie Rich** and Thunderbirds Squad members **Jess Hazel** and **Emma Bennett**.

National Championships

The State 17 and 19 Teams finished in 3rd place in their respective age groups at the National Championships in Penrith last week. Eight of the twelve in the 19's were SASI players.

A National Talent Development Squad of up to 50 athletes will be announced on the 12th May for further development.

SASI will resume their State League commitments with a match against Tango on Saturday at ETSA PARK at 5pm.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 28TH APRIL 2006

State League Starts for SASI

The SASI Netball team played their first State League Game for 2006 against Harlequins on Saturday and lost narrowly 43 - 46. For some of the players it was their first experience at this level. However, SASI looked strong and with plenty of hard work will improve on this performance.

Eight players are now in NSW representing their State in the National 19 and Under Championships.

NETBALL HIGHLIGHTS FOR THE WEEK ENDING 17TH FEBRUARY 2006

Commonwealth Games Selections

Natalie von Bertouch and **Natalie Avellino** have been selected in the final 12 to represent Australia in the Commonwealth Games. **Laura von Bertough** was unlucky not to have been selected but now returns to the Thunderbirds.

SASI Team in preseason training

The SASI Netball Team are hard at training in their preparation for this coming State League season and for the national 19 and Under Championships in April.

State 19 Trials

Final trials and selections were conducted at ETSA Park for the State 19 Team late January. Seven current SASI Scholarship Holders and one from last year were selected. The SASI players chosen to represent South Australia at the National 19 and Under Championships in April in Penrith NSW are:

Chloe Drogemuller

Kellie Duffield

Felicity Lukeman

Nadia Mapunda

Jenna Mendo

Bianca Moeller

Beth Shimmin

Jodie Rich (2005 Scholarship Holder)

