

CANOE HIGHLIGHTS FOR THE WEEK ENDING 8th DECEMBER 2006

New Squad Starts

The SASI Kayak squad has completed its selection process following the squads final selection time trials on Sunday 26th November. The following athletes will be offered scholarships in the following categories for the 2007 domestic and international seasons.

GOLD

Kate Barclay
Justin Needham
Hannah Davis
Luke Morrison

SILVER

Alex Botha
Anna Haymes

BRONZE

Dale Welsh
Chris Alagich
James Bayer
Matthew Goble (Junior)
Sam Fielder
Chad Alston
Rhys French (Junior)
Mieke Boerema
Dale Thompson
Sarah Dehey (Junior)
Andrew Ferguson
Louise Davies
Michael Knauer (Junior)

CANOE HIGHLIGHTS FOR THE WEEK ENDING 24th NOVEMBER 2006

Selection Time Trails

The final SASI squad selection time trial will take place this Sunday 26th November at West Lakes starting at 8am. It is expected that up to 40 athletes will attend the final trials over 500m and 1000m in an attempt to gain a SASI Scholarship for the 2007 domestic and International seasons.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 10th NOVEMBER 2006

SASI Training Camp at Mannum

SASI Kayak squad members endured a grueling training camp at Mannum on the river Murray last week.

Athletes trained 3 sessions daily covering over 200km during the 5 day training camp. The camp was an important week in the base preparations of the SASI squad with many athletes striving for National selection in 2007.

The first National GP regatta for the 06/07 season will be held in Adelaide at West Lakes Dec 15-17

CANOE HIGHLIGHTS FOR THE WEEK ENDING 29th SEPTEMBER 2006

SASI Kayak Squad Trials

The first of 3 SASI Kayak squad selection time trials took place at West Lakes last Sunday morning. The trials were held in appalling weather conditions. Strong and gusty westerly winds, choppy water and rain made it tough going for the athletes. Twenty two athletes attended the trial and **Justin Needham** was the number 1 ranked athlete following trial # 1. The next Time trail will take place October 22 with the final selection time trail taking place November 26 where the SASI Kayak squad will be finalised for the 2006/07 scholarship period.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 8th SEPTEMBER 2006

ICF World Cup

As members of the Australian Under 23 Team, SASI Athletes **Dale Welsh** and **Alex Botha** contested the International Canoe Federation World Cup # 3 in Guangzhou, China 1-3 September.

Although the World Cup was a Senior World Cup both Welsh (21) and Botha (23) produced some impressive results.

K4 200m "A" final 4th - Crew included both Welsh and Botha
K4 500m "A" final 5th - Crew included both Welsh and Botha
K4 1000m "A" final 5th - Crew included Botha
K1 1000m 8th "A" - Final - Dale Welsh

CANOE HIGHLIGHTS FOR THE WEEK ENDING 25th AUGUST 2006

SASI Athletes tested in the heat of competition

SASI Athletes **Kate Barclay**, **Chris Alagich** and **Luke Morrison** competed as members of the 2006 National Canoe Kayak Team in the 35th International Canoe

Federation Senior Flatwater Championships in Szeged, Hungary 17 - 20 August. Over 80 countries contested the championships in temperatures hovering around 38 degrees on all four days of competition.

Although the SASI athletes failed to make any "A" finals (top 9) they have returned with some encouraging results:

Kate Barclay 3rd K2 1000m "B" final (12th) - missed "A" final by 1 placing in the semi final

Luke Morrison 4th K4 1000m "B" final (13)

Chris Alagich 8th K4 500m "B" final (17th) missed "A" final by the smallest margin - 0.192 sec

6th K2 200m "B" final (15th)

CANOE HIGHLIGHTS FOR THE WEEK ENDING 28th JULY 2006

Senior World Championships Preparation

SASI Athletes **Kate Barclay**, **Luke Morrison** and **Chris Alagich** along with SASI Head Coach **David Foureur** depart Adelaide on Wednesday 2/8/06 as members of the 2006 National Flatwater Canoe/Kayak Team. The team will prepare in Szolnok, Hungary for two weeks before moving to Szeged, Hungary to contest the 2006 Senior World Championships 17-20 August.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 14th JULY 2006

National Team Selections

Following last weeks final selection regatta in Penrith, SASI athletes **Kate Barclay**, **Luke Morrison** and **Chris Alagich** have all been selected as members of the Senior National Flatwater Canoe/Kayak Team to contest the World Championships in Szeged Hungary 17-20 August. SASI Coach **David Foureur** is National Head Coach.

Luke Morrison was also selected in the National U23 team along with **Alex Botha** the Australian Under 23 team will contest the 3rd World Cup regatta September 1-3 Guangzhou, China.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 23rd JUNE 2006

Junior Australian Representation

Three SASI Kayak squad junior scholarship holders **Matthew Goble**, **Rupert Davis** and **Dale Thompson**, along with SASI Network coach **Peter Petho** finished their 2006 International tour with some impressive results at the Bochum, Germany International regatta.

The Bochum regatta is traditionally the strongest junior International regatta in the non world championship year and this year was no exception. 21 countries and 49 German clubs contested the regatta (740 junior competitors).

SASI Athletes produced the following results:

Mathew Goble	1st K1 1000m "B" final
Rupert Davis/Dale Thompson	8th K2 1000m "A" final
Rupert Davis/Dale Thompson	6th K4 1000m "A" final
Rupert Davis/Dale Thompson	8th K4 500m "A" final
Rupert Davis/Dale Thompson	6th K2 500m "A" final
Matthew Goble	7th K1 500m "A" final

CANOE HIGHLIGHTS FOR THE WEEK ENDING 16TH JUNE 2006

SASI Juniors compete in Amsterdam

SASI Juniors **Matthew Goble**, **Rupert Davis** and **Dale Thompson** competed for Australia recently at the Bosbaan International Regatta in Amsterdam. The National Junior Team members had some impressive results over the weekend. The results for the boys included:

Gold	Goble	K1 500m
Gold	Goble	K1 200m
Silver	Thompson/Davis	K2 500m
Silver	Goble	K4 1000m
Silver	Thompson/Davis	K4 1000m
Silver	Thompson/Davis	K2 1000m
Bronze	Thompson	K1 1000m
Bronze	Davis	K1 200m
Fourth	Davis	K1 1000m
Fifth	Goble	K2 500m

CANOE HIGHLIGHTS FOR THE WEEK ENDING 19TH MAY 2006

World Cup Regatta

Last weekend over 600 athletes from 51 countries raced at the World Cup regatta in Poznan, Poland. SASI Head Coach and National Team Head Coach **David Foureur** was very happy with the ladies results. The ladies won 1 Gold, 2 Silver and 1 Bronze at the regatta. SASI athlete **Chris Alagich** had credible finishes at the regatta in the K2 and K4 200m men's events.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 24th MARCH 2006

2006 AUSTRALIAN FLATWATER CANOE-KAYAK CHAMPIONSHIPS – PENRITH

Twenty One SASI scholarship holders attended the 2006 Australian Flatwater Canoe-Kayak Championships. After the National selection events four SASI scholarship holders were selected for national teams. **Chris ALAGICH** was selected for the National Senior Team, and **Matthew GOBLE**, **Rupert DAVIS**, and **Dale THOMPSON** for the National Junior Team. An additional 12 SASI scholarships holders were selected to contest the third and final selection event

CANOE HIGHLIGHTS FOR THE WEEK ENDING 10th MARCH 2006

2006 Hydro Tasmania Australian Rowing Championships

The South Australian brother and sister combination of James and Anna McRae both claimed gold in their respective Under 23 Single Scull finals. The 19-year-olds will now switch their focus to South Australia's Men's and Women's Youth Eight which will race on Sunday.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 24th FEBRUARY 2006

Penrith Grand Prix

With only 2 weeks until the National Championships the Penrith regatta was the last opportunity to fine-tune the athletes racing skills. The field for this regatta was at full strength with the return of all of the countries top competitors that will be racing this year along with a strong contingent of athletes from New Zealand.

Nineteen of SASI's twenty-one full and associate scholarship holders attended the regatta along with Head Coach **David Foureur** and SASI Biomechanist **Alec Buttfeld**.

At this regatta SASI athletes raced in only key events to maximise performance and also trying minimise fatigue that may carry over into the final important two weeks of preparation.

Open Mens Results

K1 500m **Luke Morrison** 8th
James Bayer 6th B final
 K1 1000m **Luke Morrison** 8th
Chris Alagich 3rd B final
 final
Alex Botha 7th B final
 K2 500m **James Bayer/ Chris Alagich** 2nd
 (.06 behind the winners)
 K2 1000m **James Bayer/ Chris Alagich** 5th
George Rogers/ Alex Botha 8th
 Forgiore (WAIS) 2nd K4 1000m
Hannah Davis/ Lyndsie Fogarty (QAS) 3rd
 + interstate crew members 6th

interstate crew members 2nd

Boerema

members 6th

Ley

members 8th

Junior Mens Results

K1 500m **Matthew Goble** 1st
Dale Thompson 8th
 K1 1000m **Matthew Goble** 1st
Dale Thompson 9th
 K2 500m **Dale Thompson / Matthew Goble** 1st
 K2 1000m **Dale Thompson/ Matthew Goble** 1st

Open Ladies Results

K1 500m **Kate Barclay** 4th
Hannah Davis 7th
Chantel Field 3rd B final
Mieke Boerema 5th B
 K1 1000m **Louise Davies** 8th B final
Kate Barclay 2nd
Chantel Field 9th
Khalee Field 9th B final
 K2 500m **Kate Barclay/ Kate**
Tim Galaz/ Sam Bayer
 K2 1000m **Mieke Boerema/ Elyse**
 Yardley (NSWIS) 8th
 K4 500m **Kate Barclay/ Chantal**
 Meek/ Amanda Rankin/ Lisa
 Oldenhof 1st

Hannah Davis +

Chantel Field/ Mieke

+ interstate crew

Khalee Field/ Tiffany

+ interstate crew

Junior Ladies Results

K1 500m **Louise Davis** 1st
 K1 1000m **Louise Davis** 1st

The 2006 National Championships, which also double as the National Selection trials commence in Penrith March 8th – 12th

CANOE HIGHLIGHTS FOR THE WEEK ENDING 13th JANUARY 2006

National Grand Prix Regatta

The SASI Canoe Kayak squad will contest the first National GP regatta in Nagambie, Victoria on Friday, Saturday and Sunday this week. A total of 30 South Australian

athletes will be attending which includes SASI scholarship holders and the Canoe SA development squad. The regatta will double as the SASI selection trials for 2006.

CANOE HIGHLIGHTS FOR THE WEEK ENDING 6th JANUARY 2006

Dave Foureur appointed National Head Coach

SASI Canoe / Kayak Coach **Dave Foureur** has been appointed to the position of National Head Coach for the Australian Canoeing Flatwater Team. Dave's primary role will still be as the SASI Head Coach, but he will now have extensive National responsibilities. Reporting to the National Performance Director on national matters, Dave will provide leadership and direction in coaching and will be the Head Coach of the senior team on overseas tours in 2006. Dave will work closely with the NCE coaches, other coaches and the NCE manager to coordinate coaching plans for national camps and tours. Other parts of this role include communicating effectively with selectors and other coaches and acting as the National Women's Head Coach to coordinate crew boat selection in the women's events in order to achieve the best possible national outcomes.