



Fact Sheet

Sport Participation by South Australians with a Disability

The information contained in this fact sheet was derived from the Australian Bureau of Statistics' 2006 General Social Survey (GSS).

SUMMARY

In total there were an estimated 1,171,000 adults in SA, and of these 654,300 (55.9%) participated in a sport or active recreation.

476,600 South Australian adults reported a disability, and of these 219,400 (46.0%) participated in a sport or active recreation.

694,400 South Australian adults reported no disability, and of these 434,900 (62.6%) participated in a sport or active recreation.

There were 219,400 sport and recreation participants who reported a disability. This represents 34% of all sport and recreation participants.

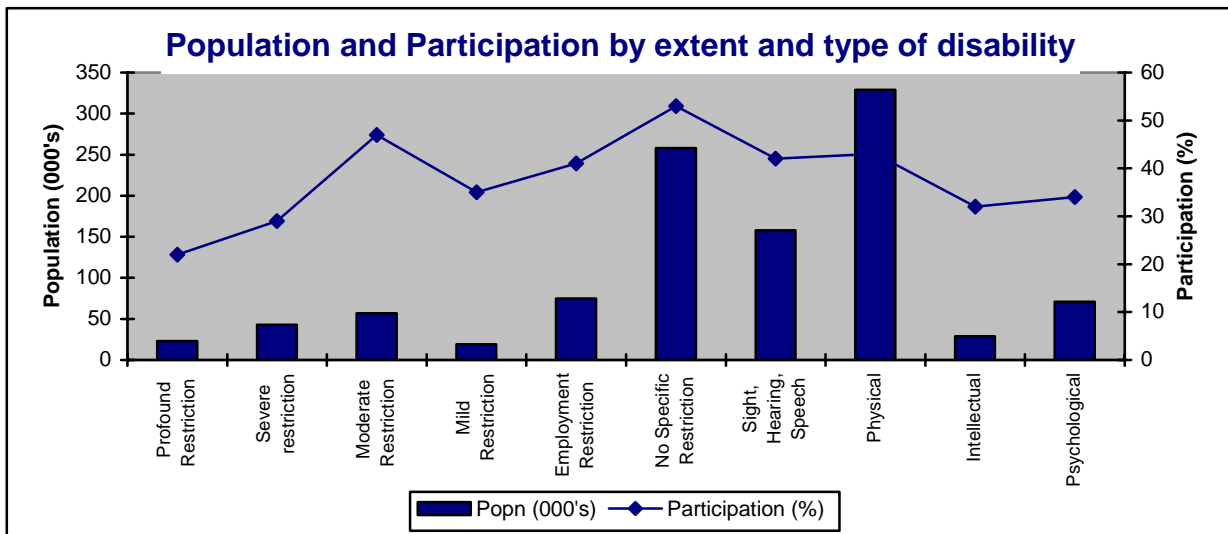
SOUTH AUSTRALIANS WITH A DISABILITY

How many participate in sport and recreation?

Of all South Australians who reported a disability, it is estimated that 46% (219,400) participated in sport or active recreation in the preceding 12 months. The remaining 257,200 South Australians who reported a disability did not participate in any sport or active recreational pursuit.

The following statistics summarise the participation rate by the extent and type of disability.

- Individuals with a disability are almost 50% less likely to participate in sport or recreation than individuals with no disability (46% and 63% respectively).
- One in five (21.5%) of those with a "profound disability" participate.
- Over half (53.1%) of those with a disability that causes "no specific core activity restriction" participate.
- Those with an "intellectual" or "psychological" disability were least likely to participate (32.2% and 34.4% respectively) compared to other types of disabilities.
- South Australian's with a disability were less likely to participate than the equivalent Australian average. This was true for all types of disability and for all extents of disability (excluding moderate core activity restriction).
- South Australian's with no disability were also less likely to participate than the equivalent Australian average.



Extent of Disability

Extent of Disability	SOUTH AUSTRALIA			AUST
	Population (000's)	Participants (000's)	Participation %	Participation %
Profound core activity restriction	23.7	5.1	21.5%	29.1%
Severe core activity restriction	43.1	12.3	28.5%	43.9%
Moderate core activity restriction	57.1	26.9	47.1%	45.3%
Mild core activity restriction	19.0	6.7	35.3%	54.3%
Employment restriction	74.9	30.9	41.3%	51.8%
No specific restriction	258.8	137.5	53.1%	59.8%
Sub-total (all disabled)	476.6	219.4	46.0%	53.3%
No Disability	694.4	434.9	62.6%	68.1%
Total	1,171.0	654.3	55.9%	62.2%

Type of Disability

Type of Disability	SOUTH AUSTRALIA			AUST
	Population (000's)	Participants (000's)	Participation %	Participation %
Sight, hearing, speech	157.9	66.8	42.3%	52.6%
Physical	329.7	140.7	42.7%	48.4%
Intellectual	29.2	9.4	32.2%	41.6%
Psychological	70.7	24.3	34.4%	45.7%
Not specified	263.1	114.0	43.3%	48.6%
*Sub-total (all disabled)	476.6	219.4	46.0%	53.3%
No Disability	694.4	434.9	62.6%	68.1%
Total	1,171.0	654.3	55.9%	62.2%

*Note: Sub-total accounts for some respondents that may have more than one type of disability

SOUTH AUSTRALIAN SPORT AND RECREATION PARTICIPANTS

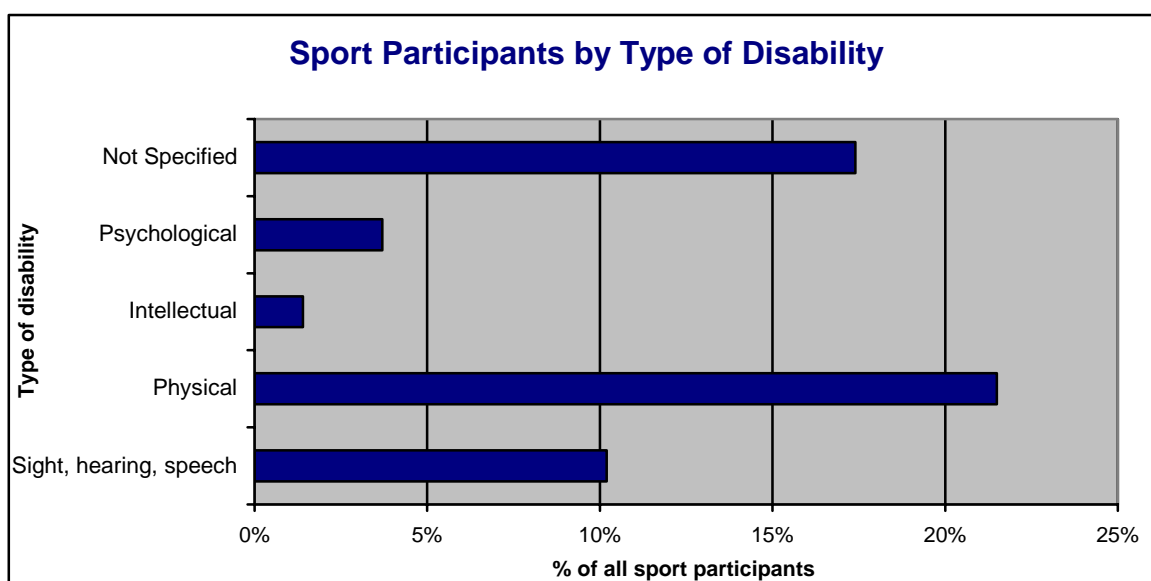
How many reported a disability?

The sport and recreation sector in SA is currently catering for the needs of many men and women with a disability. Of all sport and recreation participants in SA, it is estimated that 219,000 (33%) have a disability.

The following statistics summarise the prevalence of South Australians with a disability currently involved in the sport and recreation sector by the extent and type of disabilities.

- An estimated 8% (51,000) of all South Australian sport and recreation participants have a core activity restriction, including “profound”, “severe”, “moderate” or “mild” restriction.
- An estimated 5% (31,000) of all South Australian sport and recreation participants have an “education or employment restriction”.
- An estimated 21% (138,000) of all South Australian sport and recreation participants have a disability with “no specific restriction”.
- An estimated 10% (67,000) of all South Australian sport and recreation participants have a “sight, hearing or speech” disability.
- An estimated 22% (141,000) of all South Australian sport and recreation participants have a “physical” disability.
- An estimated 4% (24,000) of all South Australian sport and recreation participants have a “psychological” disability.
- Approximately 1%* (9,000) of all South Australian sport and recreation participants have an “intellectual” disability.

* ABS recommends this estimate should be used with caution and has a relative standard error of 25% to 50%.



BACKGROUND

The GSS is an Australian Bureau of Statistics (ABS) survey designed to measure aspects of Social Capital (including social networks, reciprocity, trust, and social participation) across the Australian adult (18+) population. Sport and/or recreational physical activity participation is collected as an element of social participation. The GSS also collects demographic information, including disability. An individuals' disability was self reported and classified on two variables, extent of the disability and type of disability. Refer "definitions" for more details.

The ABS has prepared several state based tables cross-tabulating disability status with sport and recreation participation. The summary above is based on the ABS analysis.

DEFINITIONS

A disability or long-term health condition exists if a limitation, restriction, impairment, disease or disorder, had lasted, or was likely to last for at least six months, and which restricted everyday activities.

It is classified by whether or not a person has a specific limitation or restriction. Specific limitation or restriction is further classified by whether the limitation or restriction relates to core activities or to schooling/employment only.

There are four levels of core activity limitation which are based on whether a person needs help, has difficulty, or uses aids or equipment with any of the core activities (self care, mobility or communication). The highest level of limitation in these activities determines a person's overall core activity limitation.

The four levels are:

Profound	always needs help/supervision with core activities
Severe	does not always need help with core activities
Moderate	has difficulty with core activities
Mild	uses aids to assist with core activities.

Persons are classified as having only a schooling/employment restriction if they have no core activity limitation and are aged 18 to 20 years and have difficulties with education, or are less than 65 years and have difficulties with employment.

FURTHER INFORMATION

Detailed information for all states and territories, including age and gender sub-categories can be found on the Office for Recreation and Sport web-site by using the link below:

[Click here](#)

The Office for Recreation and Sport (ORS) has a team dedicated to improving participation opportunities for people with a disability. Inclusive Recreation Inclusive Sport (IRIS) is a grant program developed to improve the quality and level of participation for people with a disability. To speak to the ORS team or enquire about IRIS funding contact ORS on 8416 6675