



2006-07 Move It! Making Communities Active Program  
Successful Applicants

Organisation	Project	Amount	Funding Over
Brighton Surf Life Saving Club Incorporated	For the 'Be Active Swim Program'. The aim of this program is to assist inactive and insufficiently active people in the Adelaide metropolitan area to become more physically active by addressing the barriers to participation and hosting a beginner open water swimming program instructing people how to swim in the sea.	\$10,000	1 year
The Semaphore Surf Life Saving Club Incorporated	For the 'Beach Safe Program'. The aim of this program is to assist predominately inactive and insufficiently active economically and socially disadvantaged members of the community with a focus on new arrivals in the Adelaide metropolitan area to become more physically active by addressing the barriers to participation and integrating a beach safety and awareness program with an introduction to beach sport and beach recreation activities.	\$15,000	1 year
Surfing South Australia Incorporated	For the 'Point Pearce Indigenous Community Surf Education Program'. The aim of this program is to assist predominately inactive and insufficiently active indigenous adults and children in the Point Pearce area to become more physically active through addressing the barriers to participation by providing a surfing skill development program for the indigenous community.	\$12,000	1 year
Smithfield Sports and Social Club Incorporated	For the 'Revival Fitness Group Program'. The aim of this program is to assist predominately inactive and insufficiently active women of all ages in the Smithfield area to become more physically active by addressing the barriers to participation and continuing this program which hosts a number of low cost community fitness classes.	\$24,000	1 year
Hackham West Community Centre Incorporated	For the 'Get Kids Connected Program'. The aim of this program is to assist predominately inactive and insufficiently active disadvantaged and indigenous children and families in the southern Adelaide metropolitan area to become more physically active by addressing the barriers to participation and improving their physical activity, social inclusion, self confidence, self esteem and expand the friendships through long term connections with club sport.	\$20,000	1 year
Woodville Croquet Club Incorporated	For the 'Golf Croquet Program'. The aim of this program is to assist predominately inactive and insufficiently active people with or at risk of chronic illness in the Adelaide metropolitan area to become more physically active by addressing the barriers to participation and providing a low cost physical activity program utilising golf croquet a fun, low impact activity.	\$8,372	1 year



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Port Augusta Yacht Club Incorporated	For the 'C'mon, Move It! Port Augusta Program'. The aim of this program is to assist predominately inactive and insufficiently active school children aged 10 to 15 years of age as well as the intellectually and physically disabled and indigenous communities in and around the Port Augusta area to become more physically active by addressing the barriers to participation and providing a variety of ongoing physical activities on a regular basis to participants. Activities included are sailing, kayaking, aqua aerobics, cycling, bushwalking and yoga.	\$20,800	1 year
Blue Light (S.A.) Incorporated	For the 'Whyalla Basketball and School Holiday Program'. The aim of this program is to assist predominately inactive and insufficiently active Indigenous, disadvantaged and at risk youth in the Whyalla area to become more physically active by addressing the barriers to participation and providing them with quality recreational and sporting experiences in a secure environment.	\$30,000	2 years
Gymnastics South Australia Incorporated	For the 'GymAbility' Program'. The aim of this program is to assist predominately inactive and insufficiently active people with a disability in the Adelaide metropolitan area to become more physically active by addressing the barriers to participation and providing participants with an opportunity to learn and participate in a sport that will give them valuable skills in a safe and enjoyable environment.	\$41,000	3 years
Basketball SA Incorporated	For the 'Inclusive Basketball Program'. The aim of this program is to assist predominately inactive and insufficiently active people with an intellectual disability in the northern Adelaide metropolitan area to become more physically active by addressing the barriers to participation and developing a competition program for athletes while maintaining the support network and partnerships for the program.	\$15,000	1 year
Koonibba Aboriginal Community Council Incorporated	For the 'Koonibba Community Sports & Recreation Active Participation Program'. The aim of this program is to assist predominately inactive and insufficiently active aboriginal and non-Aboriginal residents of Koonibba Aboriginal Community to become more physically active by addressing the barriers to participation through engagement of a Sport & Recreation Officer on a part-time basis to prepare and implement a sport & recreation program that encourages regular participation in physical activity.	\$25,000	1 year



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Active Ageing SA Incorporated	For the 'Taking Action for Active Living Program'. The aim of this program is to assist predominately inactive and insufficiently active 50 to 60 year olds in South Australia to become more physically active by training "Baby Boomer Leaders" (who will be mostly qualified Fitness Leaders) and engaging participants through a behaviour change process that is sustainable, powerful and meaningful to the individual. The behaviour change process will be based on the best and most relevant aspects of the Transtheoretical Model, the Stanford Model, the Cooper Institute Model and the Flinders Model, that will be adapted specifically to suit a focus on physical activity. This will be a new model in the field and is an exploration of the possible change on behaviours and physical activity.	\$53,000	2 years
Young Men's Christian Association of South Australia Incorporated	For the 'YMCA Family Tree Activity Program'. The aim of this program is to assist predominately inactive and insufficiently active family units - post natal mothers, children, youth and middle to senior age adults in the Adelaide metropolitan area to become more physically active by addressing the barriers to participation and establishing healthy activities amongst the entire 'family tree'. Each program is 12 weeks in duration, and is conducted by qualified fitness instructors and designed for the specific needs of the family.	\$35,000	1 year
Willunga Recreation Park Incorporated	For the 'Willunga Lets Get Active Program'. The aim of this program is to assist predominately inactive and insufficiently active mature aged and people with a disability in the Willunga area to become more physically active by addressing the barriers to participation and making available a variety of different sports and activities to get all active and healthy.	\$39,000	3 years
Port Adelaide Athletic Club Incorporated	For the 'Active For Life Program'. The aim of this program is to assist predominately inactive and insufficiently active mature age, women and people with integration difficulties in the Adelaide metropolitan area to become more physically active by addressing the barriers to participation and conducting regular community based fitness and healthy lifestyle sessions.	\$10,000	1 year
Adelaide Hills (War Memorial) Swimming Centre Incorporated	For the 'Active Women's Fitness and Lifestyle Program'. The aim of this program is to assist predominately inactive and insufficiently active women in the greater Woodside area to become more physically active by addressing the barriers to participation and encouraging women of all ages and activity levels to become active in exercise and lifestyle activities including walking groups, 'Pushers & Pram' sessions, aquaerobics, pilates, yoga, adult learn to swim, swim for fitness and lifestyle information sessions.	\$34,000	2 years



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Wheelchair Sports Association of South Australia Incorporated	For the 'Multi Disability Development Camps Program'. The aim of this program is to assist people with a disability and their carers in the Adelaide metropolitan area to become more physically active through addressing the barriers to participation by coordinating one multi disability camp with the objective of providing people who have multiple or complex disabilities and their carers to develop sports skills and increase their level of physical activity.	\$15,000	1 year
Recreation SA Incorporated	For the 'Community Fitness Program'. The aim of this program is to assist predominately inactive and insufficiently active matured aged people within metropolitan Adelaide to become more physically active by addressing the barriers to participation through creating opportunities for participants to access community fitness programs including 'Heart moves', 'Tai Chi for Diabetes' and 'Strength for Life'. This program will also increase the number of fitness instructors through a mentoring program and upskilling instructors through training courses addressing clients with chronic illness.	\$30,000	1 year
Kura Yerlo Incorporated	For the 'Indigenous Fitness Coordinator Program'. The aim of this program is to assist predominately inactive and insufficiently active indigenous people living in the western Adelaide metropolitan area to become more physically active by addressing the barriers to participation and employing a part-time qualified fitness professional to operate the Kura Yerlo gym.	\$25,000	1 year
Iwantja Community Incorporated	For the 'Iwantja Sporting Program'. The aim of this program is to assist predominately inactive and insufficiently active members of the Indulkana, Mimili & Marla/Mintabie communities to become more physically active by addressing the barriers to participation and planning for teams of all age groups, to have supervision and coaching in all aspects of athletics and sporting events.	\$50,000	2 years
South Australian Sport And Recreation Association For People With Integration Difficulties Incorporated	For the 'Hey YOU - Move It!!! Program'. The aim of this program is to assist predominately inactive and insufficiently active people of all ages with an integration difficulty in the Coorong District Council area to become more physically active by addressing the barriers to participation and coordinating a series of sport and recreation 'have a go' clinics for participants. This program will also research the viability of establishing meaningful and sustainable programs in the local community.	\$10,000	1 year